

## Becontree Wheelers

# Friday evening 10 series Covid-19 regulations

The first event of 2024 will be held on Friday 5 April and the following requirements will be strictly observed.

If you are not well or are showing signs of Covid-19 you must not attend any of our events. Otherwise,

#### 1. Before leaving home.

• Ensure you have read the CTT Covid-19 guidance.

### 2. You must bring with you:

- A working red light attached the rear of your bike.
- A working front light attached to your bike.
- A helmet.
- If riding for the second or subsequent time, your body number.
- If age under 18, a fully completed parental consent form.
- A payment card. Cash will not be taken.
- Note: Everybody will get a free ride on 5 April.

#### 3. Sign-on:

- Sign-on will close 30 minutes before the scheduled start time.
- You must wait in line suitably distanced until its your turn.
- If you have kept a number from a previous ride, enter that number.
- Otherwise, take a body number and enter it in the No. column.
- Write your name, house number and postcode and the other details.
- Pay for you ride by tapping your payment card on our card reader.

#### 4. Body number:

- For your first ride in the series you will take a number from the pile and keep it for the remainder of the season.
- The number will not necessarily correspond with your start time.

#### 5. Starting order:

 You will start in the order on the sign-on sheet. This will not necessarily be in body number order.

#### 6. At the start:

- You should not approach the start line until the rider before you is ready to go.
- You will not be held up but must start yourself at the timekeepers command.

#### 7. At the finish:

- You must not approach the timekeeper at any time.
- If possible, times will be displayed after the finish.
- Do not handle the time sheet or crowd around it.
- All times will be posted on the results page of the .Becontree web site
- Do not return your number but keep it for future events.

#### Welcome back and enjoy your ride.