



Becontree Wheelers

Navestock Friday evening 10 series

Covid-19 regulations

The first event of 2020 will be held on Friday 24 July and the following requirements will be strictly observed.

If you are not well or are showing signs of Covid-19 you **must not** attend any of our events. Otherwise,

1. Before leaving home.

- Ensure you have read the [CTT Covid-19 guidance](#).

2. You must bring with you:

- A working red light attached the rear of your bike.
- A pen for sign-on.
- Hand sanitiser.
- If riding for the second or subsequent time, your body number.
- If age under 18, a fully completed [parental consent](#) form.
- A payment card. Cash will not be taken. **Note: Everybody will get a free ride on 24 July.**

3. Sign-on:

- **Sign-on will close 30 minutes before the scheduled start time.**
- You must wait in line suitably distanced until its your turn.
- Sanitise your hands before completing the sign-on sheet.
- Use your own pen.
- If you have kept a number from a previous week, enter that number.

- Otherwise, take a body number and enter it in the No. column.
- Write your name, house number and postcode and the other details.
- Pay for your ride by tapping your payment card on our card reader.

4. Body number:

- For your first ride in the series you will take a number from the pile and keep it for the remainder of the season.
- The number will not necessarily correspond with your start time.

5. Starting order:

- You will start in the order on the sign-on sheet. This will not necessarily be in body number order.

6. At the start:

- You should not approach the start line until the rider before you is ready to go.
- You will not be held up but must start yourself at the timekeepers command.

7. At the finish:

- You must not approach the timekeeper at any time.
- If possible, times will be displayed after the finish.
- Do not handle the time sheet or crowd around it.
- All times will be posted on the results page of the [Becontree web site](#).
- Do not return your number but keep it for future events.

Welcome back and enjoy your ride.